

# Individual Student Rubric

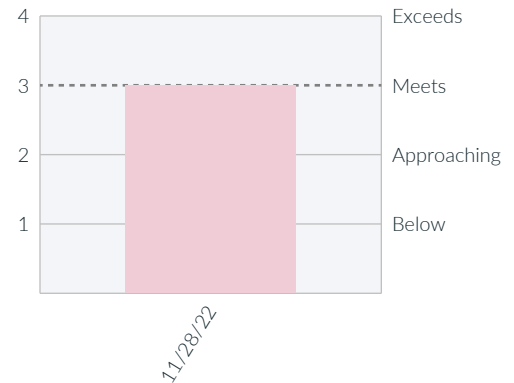
Student: Octavio Bowley  
Rubric: Master Assessment  
Rubric - Professional  
Counseling Identity  
Dates: DEMO-CACREP-1000 1/1/22-12/31/22

## History and philosophy of counseling profession

1.a

Counselor understands the history and philosophy of the counseling profession and its specialty areas

**Related Standards:**2.F.1.a, 2.F.1.b, 2.F.1.c, 2.F.1.d, 2.F.1.e, 2.F.1.f, 2.F.1.g, 2.F.1.h, 2.F.1.i, 2.F.1.j, 2.F.1.k, 2.F.1.l, 2.F.1.m, 2.F.2.a, 2.F.2.b, 2.F.2.c, 2.F.2.d, 2.F.2.e, 2.F.2.f, 2.F.2.g, 2.F.2.h, 2.F.3.a, 2.F.3.c, 2.F.3.d, 2.F.3.e, 2.F.3.f, 2.F.3.g, 2.F.3.h, 2.F.3.i, 2.F.4.a, 2.F.4.c, 2.F.4.e, 2.F.4.f, 2.F.4.g, 2.F.4.h, 2.F.4.j, 2.F.5.b, 2.F.5.d, 2.F.5.e, 2.F.5.f, 2.F.5.g, 2.F.5.h, 2.F.5.i, 2.F.5.m, 2.F.6.a, 2.F.6.b, 2.F.6.c, 2.F.6.e, 2.F.6.g, 2.F.7.a, 2.F.7.b, 2.F.7.c, 2.F.7.d, 2.F.7.e, 2.F.7.f, 2.F.7.g, 2.F.7.h, 2.F.7.i, 2.F.7.j, 2.F.7.l, 2.F.7.m, 2.F.8.a, 2.F.8.b, 2.F.8.c, 2.F.8.d, 2.F.8.e, 2.F.8.f, 2.F.8.g, 2.F.8.h, 2.F.8.i, 2.F.8.j

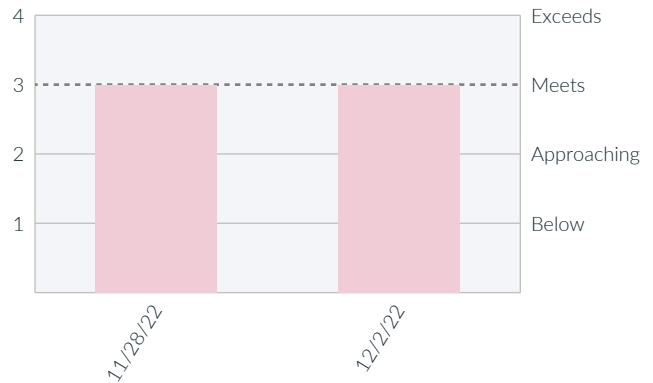


## multiple professional roles and functions of counselors

1.b

Counselor understands the multiple professional roles and functions of counselors across specialty areas and their relationships with human service and integrated behavioral health care systems, including interagency and interorganizational collaboration and consultation

**Related Standards:**2.F.1.b

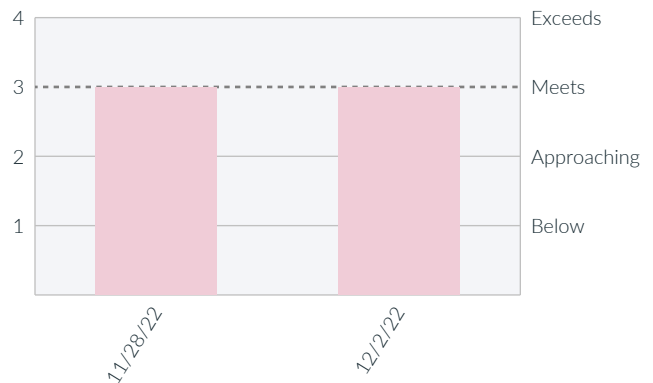


## interdisciplinary community outreach and emergency management response teams

1.c

Counselor understands counselors' roles and responsibilities as members of interdisciplinary community outreach and emergency management response teams

**Related Standards:**2.F.1.c



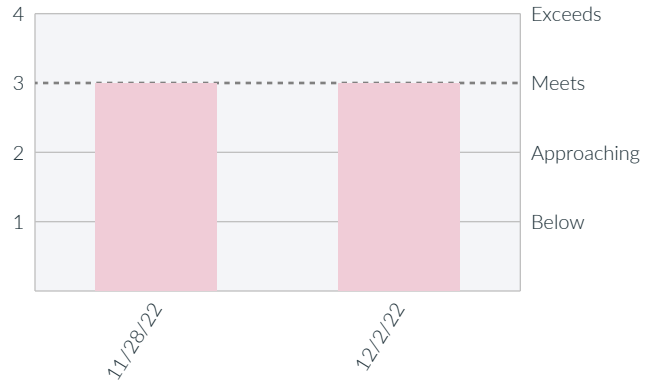
# Individual Student Rubric

## role and process of the professional counselor advocating on behalf of the profession

1.d

Counselor understands the role and process of the professional counselor advocating on behalf of the profession

Related Standards:2.F.1.d

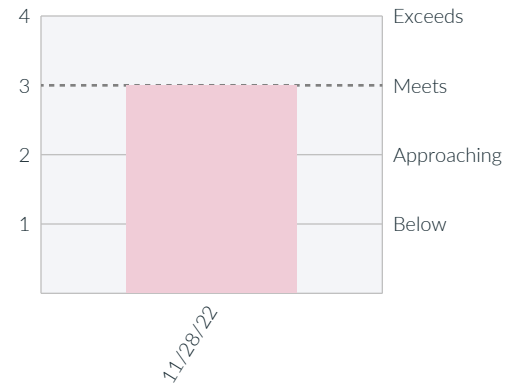


## advocacy processes

1.e

Counselor understands the advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients

Related Standards:2.F.1.e

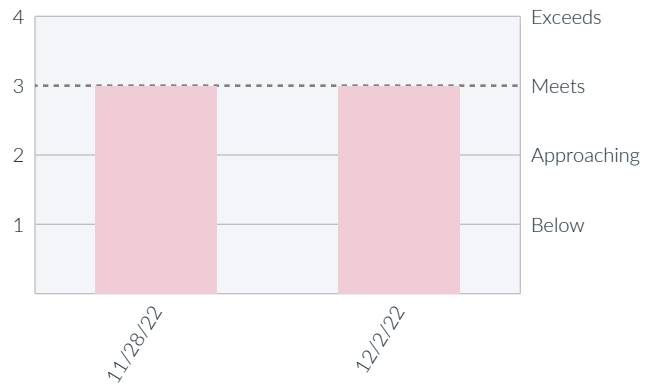


## professional counseling organizations

1.f

Counselor understands professional counseling organizations, including membership benefits, activities, services to members, and current issues

Related Standards:2.F.1.f

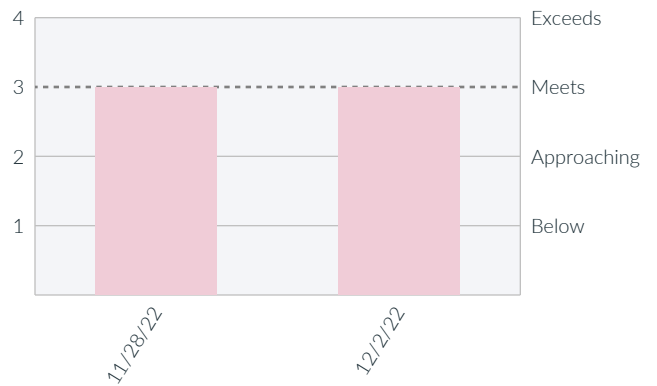


## professional counseling credentialing, licensure, and accreditation practices

1.g

Counselor understands professional counseling credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues

Related Standards:2.F.1.g



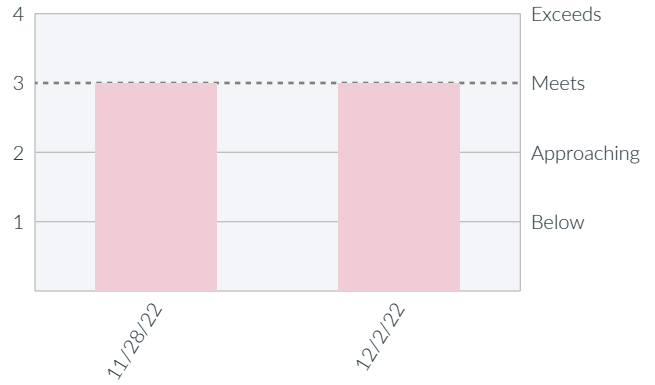
# Individual Student Rubric

## current labor market information

1.h

Counselor understands current labor market information relevant to opportunities for practice within the counseling profession

**Related Standards:**2.F.1.h

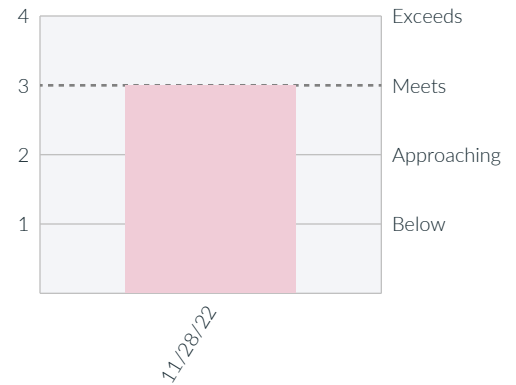


## ethical standards of professional counseling organizations

1.i

Counselor understands ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling

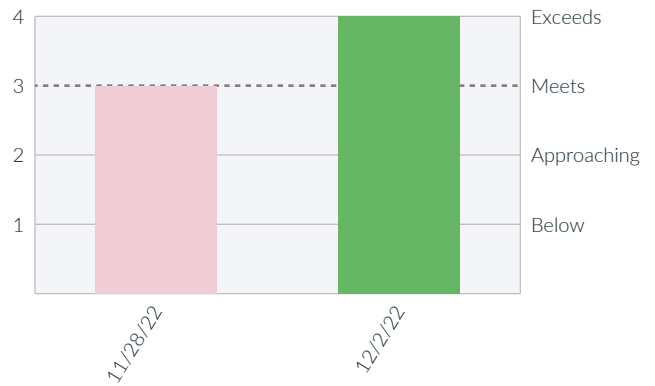
**Related Standards:**2.F.1.i



## Counselor understands technology's impact on the counseling profession

1.j

**Related Standards:**2.F.1.j, 2.F.2.a, 2.F.2.b, 2.F.2.c, 2.F.2.d, 2.F.2.e, 2.F.2.f, 2.F.2.g, 2.F.2.h, 2.F.3.e, 2.F.3.f, 2.F.3.i, 2.F.4.a, 2.F.4.c, 2.F.4.e, 2.F.4.f, 2.F.4.g, 2.F.4.h, 2.F.4.j, 2.F.5.g, 2.F.5.i, 2.F.7.e, 2.F.7.f, 2.F.7.g, 2.F.7.i, 2.F.7.l, 2.F.7.m, 2.F.8.b, 2.F.8.c, 2.F.8.d, 2.F.8.e, 2.F.8.g, 2.F.8.h, 2.F.8.i

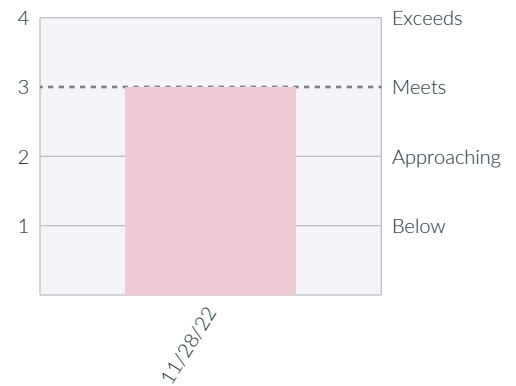


## strategies for personal and professional self-evaluation and implications for practice

1.k

Counselor understands strategies for personal and professional self-evaluation and implications for practice

**Related Standards:**2.F.1.k

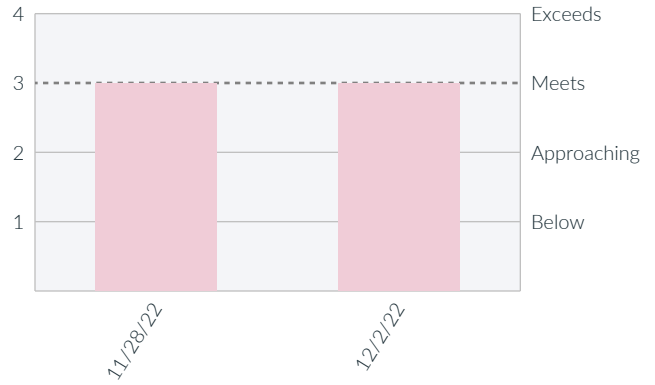


# Individual Student Rubric

## Counselor understands self-care strategies appropriate to the counselor role

1.l

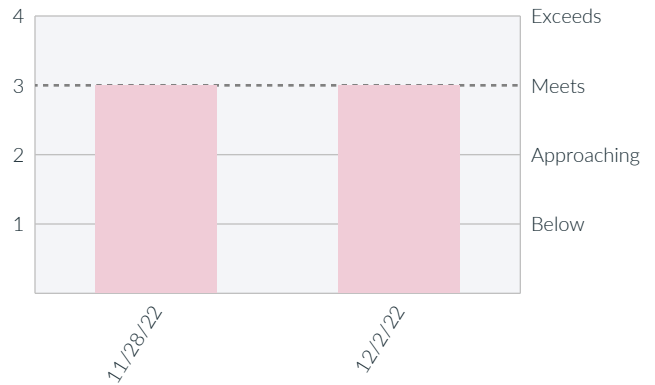
Related Standards:2.F.1.l



## Counselor understands the role of counseling supervision in the profession

1.m

Related Standards:2.F.1.m

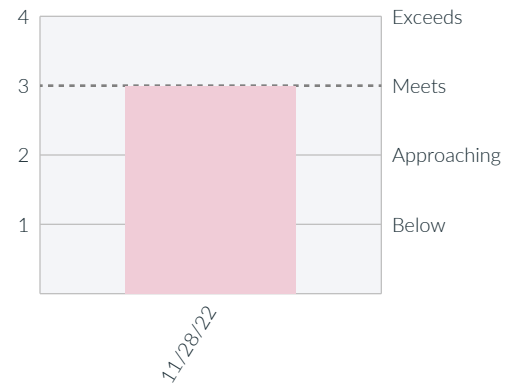


## multicultural and pluralistic characteristics within and among diverse groups

2.a

Counselor understands multicultural and pluralistic characteristics within and among diverse groups nationally and internationally

Related Standards:2.F.2.a

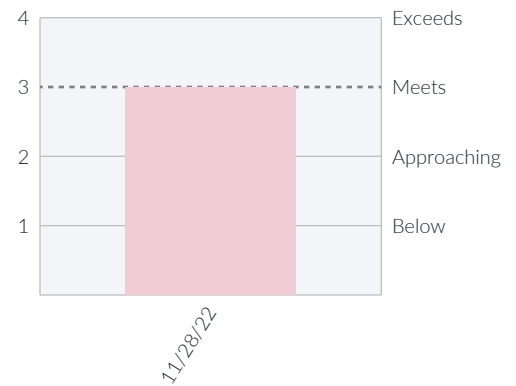


## theories of multicultural counseling

2.b

Counselor understands theories and models of multicultural counseling, cultural identity development, and social justice and advocacy

Related Standards:2.F.2.b

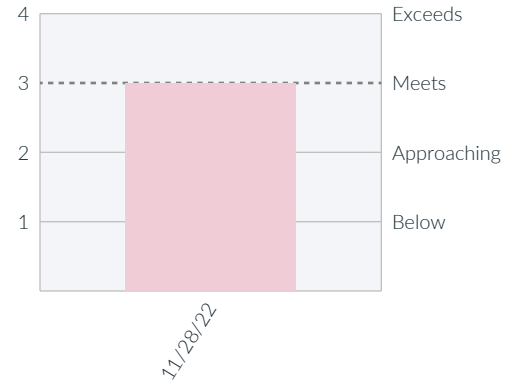


# Individual Student Rubric

## Counselor understands multicultural counseling competencies

2.c

Related Standards:2.F.2.c

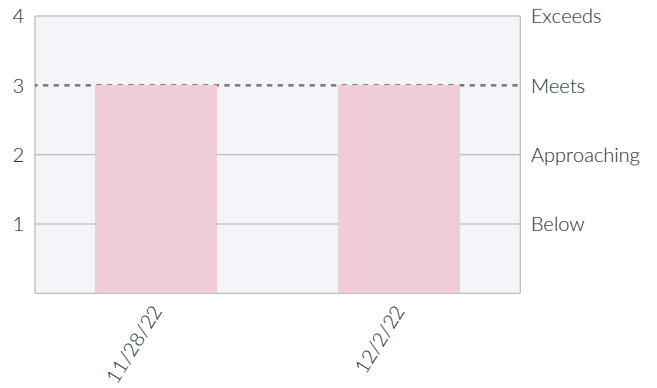


## the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences

2.d

Counselor understands the impact of heritage, attitudes, beliefs, understandings, and acculturative experiences on an individual's views of others

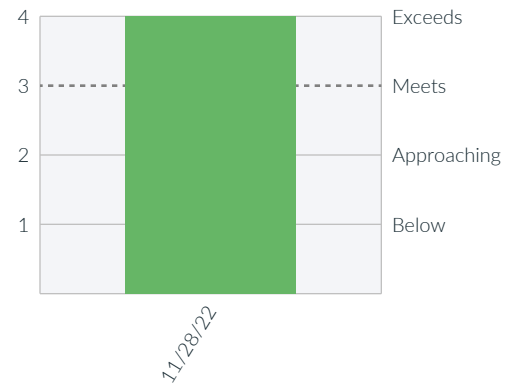
Related Standards:2.F.2.d



## Counselor understands the effects of power and privilege for counselors and clients

2.e

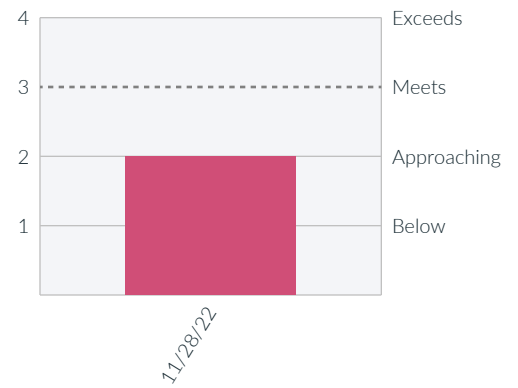
Related Standards:2.F.2.e



## Counselor recognizes help-seeking behaviors of diverse clients

2.f

Related Standards:2.F.2.f



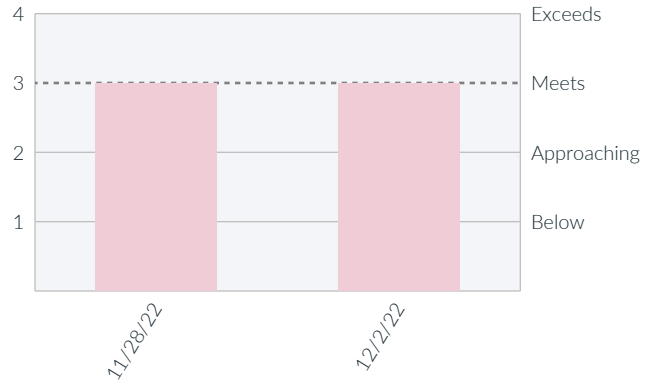
# Individual Student Rubric

## Counselor understands the impact of spiritual beliefs on clients' and counselors' worldviews

2.g

Counselor understands the impact of spiritual beliefs on clients' and counselors' worldviews

Related Standards:2.F.2.g

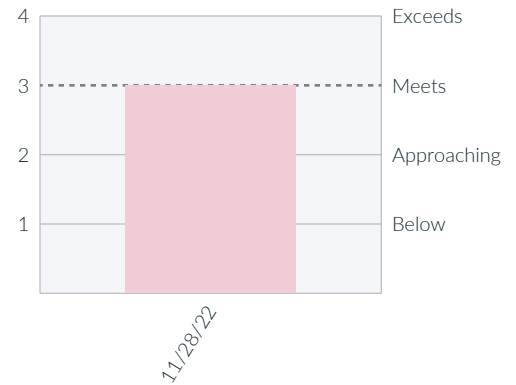


## strategies for identifying and eliminating barriers, prejudices,

2.h

Counselor has strategies for identifying and eliminating barriers, prejudices, and processes of intentional and unintentional oppression and discrimination

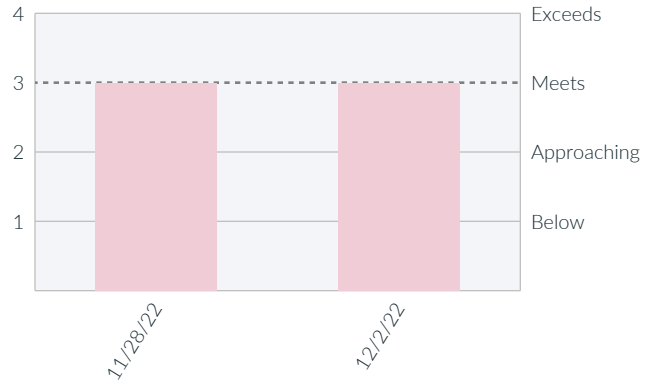
Related Standards:2.F.2.h



## Counselor understands theories of individual and family development across the lifespan

3.a

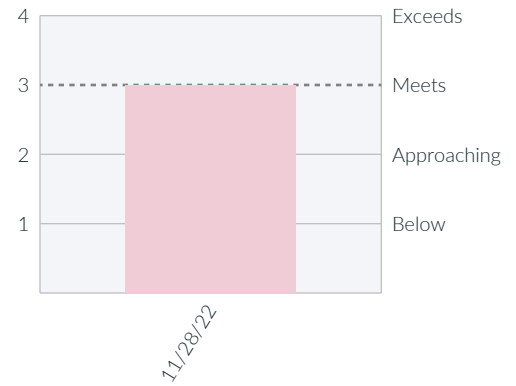
Related Standards:2.F.3.a



## Counselor understands theories of learning

3.b

Related Standards:2.F.3.b

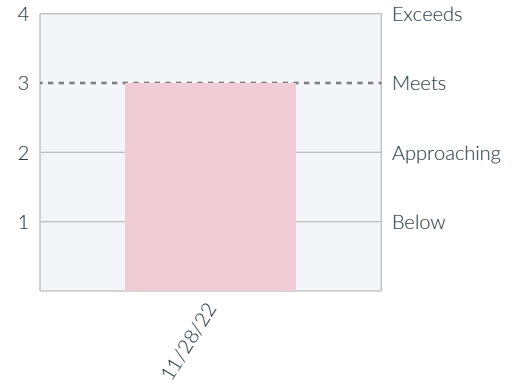


# Individual Student Rubric

## Counselor understands theories of normal and abnormal personality development

3.c

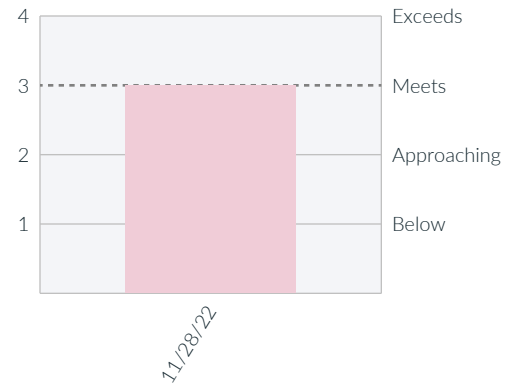
Related Standards:2.F.3.c



## Counselor understands theories and etiology of addictions and addictive behaviors

3.d

Related Standards:2.F.3.d

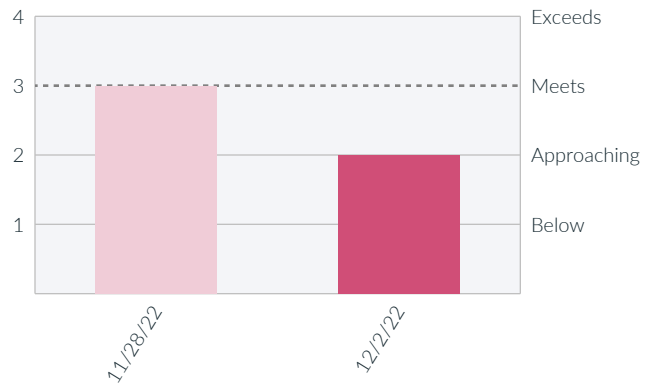


## Biological, Neurological and Physiological factors that affect human development

3.e

Counselor understands biological, neurological, and physiological factors that affect human development, functioning, and behavior

Related Standards:2.F.3.e

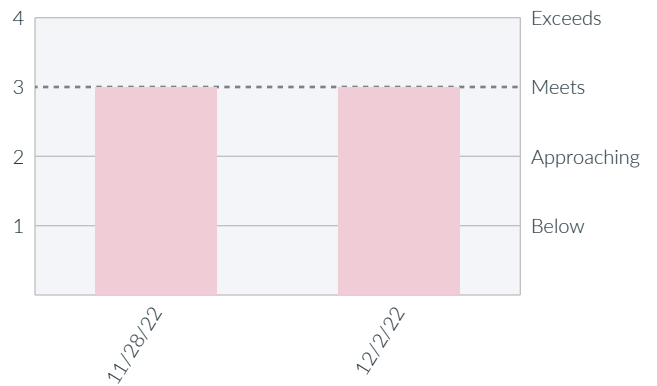


## Systemic and environmental factors that affect human development

3.f

Counselor understands systemic and environmental factors that affect human development, functioning, and behavior

Related Standards:2.F.3.f

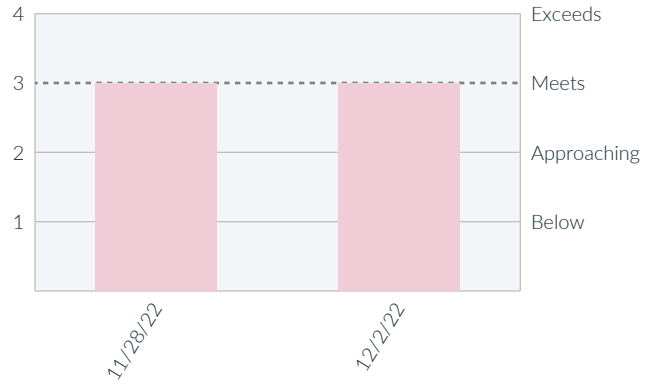


# Individual Student Rubric

## effects of crisis, disasters, and trauma on ndivers individuals across the lifespan

3.g

Related Standards:2.F.3.g

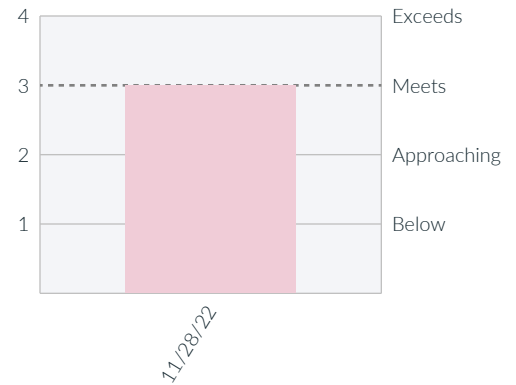


## understanding differing abilities and strategies for differentiated interventions

3.h

Counselor has a general framework for understanding differing abilities and strategies for differentiated interventions

Related Standards:2.F.3.h

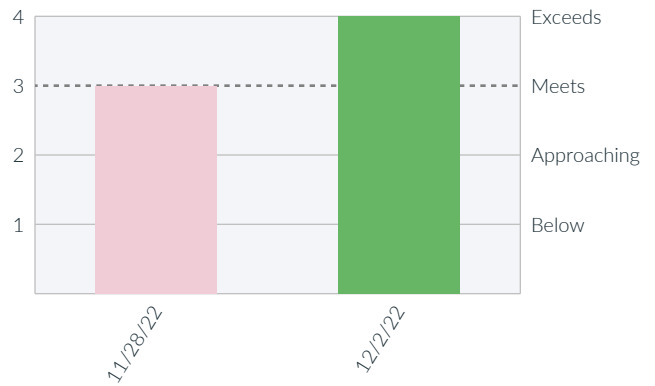


## strategies for promoting resilience and optimum development and wellness across the lifespan

3.i

Counselor has ethical and culturally relevant strategies for promoting resilience and optimum development and wellness across the lifespan

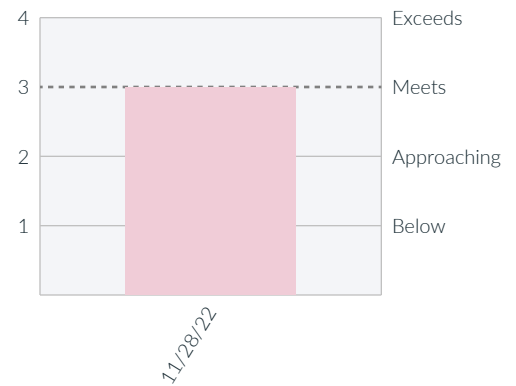
Related Standards:2.F.3.i



## Counselor understands theories and models of career development, counseling, and decision making

4.a

Related Standards:2.F.4.a





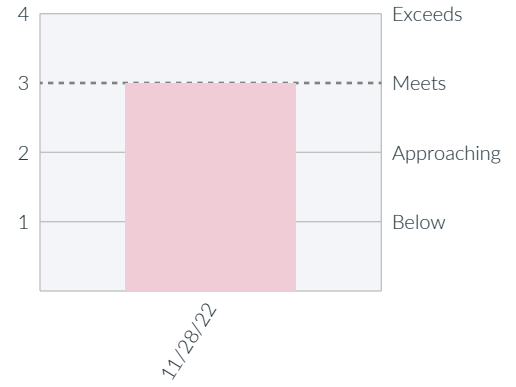
# Individual Student Rubric

## Approaches for conceptualizing the interrelationships among and between work

4.b

Counselor understands approaches for conceptualizing the interrelationships among and between work, mental well-being, relationships, and other life roles and factors

**Related Standards:**2.F.4.b

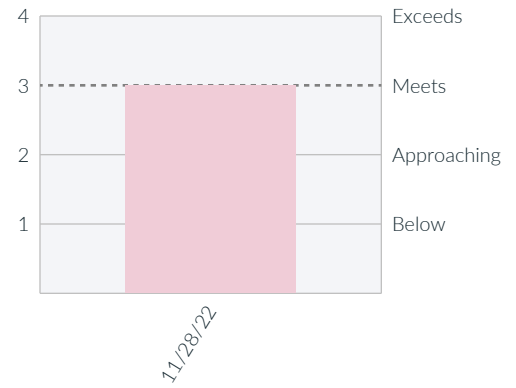


## Processes for identifying and using career, avocational, educational, occupational, and labor market

4.c

Counselor understands processes for identifying and using career, avocational, educational, occupational and labor market information resources, technology, and information systems

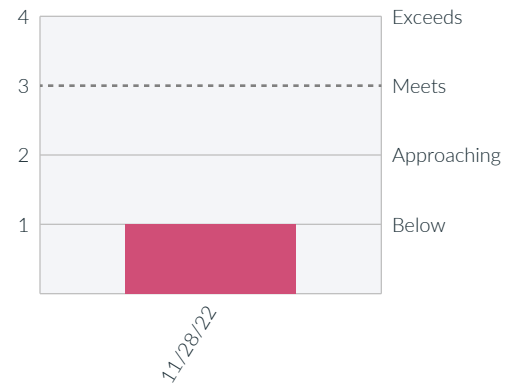
**Related Standards:**2.F.4.c



## approaches for assessing the conditions of the work environment on clients' life experiences

4.d

**Related Standards:**2.F.4.d

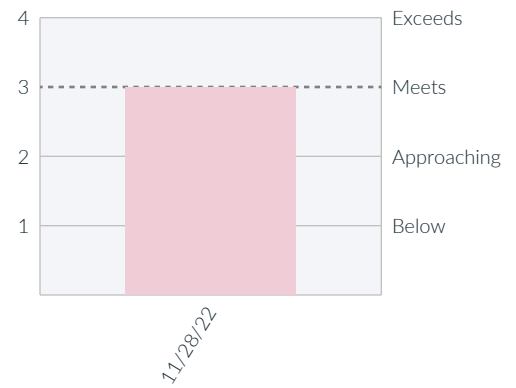


## strategies for assessing...career development

4.e

Counselor has strategies for assessing abilities, interests, values, personality and other factors that contribute to career development

**Related Standards:**2.F.4.e



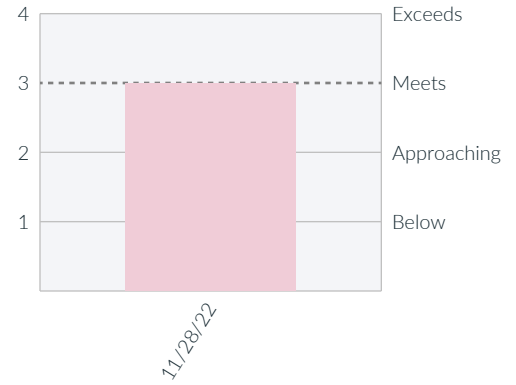
# Individual Student Rubric

## career development program planning, organization, implementation, administration, and evaluation

4.f

Counselor understands strategies for career development, program planning, organization, implementation, administration, and evaluation

**Related Standards:**2.F.4.f

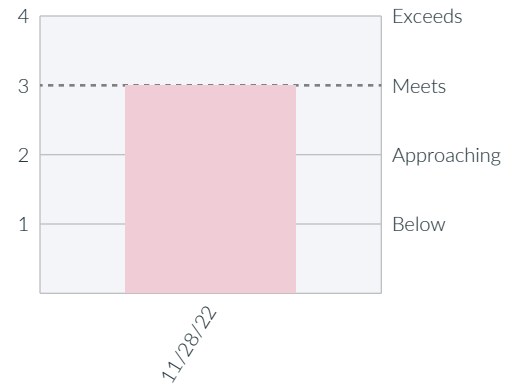


## advocating for diverse clients' career and educational development and employment opportunities

4.g

Counselor has strategies for advocating for diverse clients' career and educational development and employment opportunities in a global economy

**Related Standards:**2.F.4.g

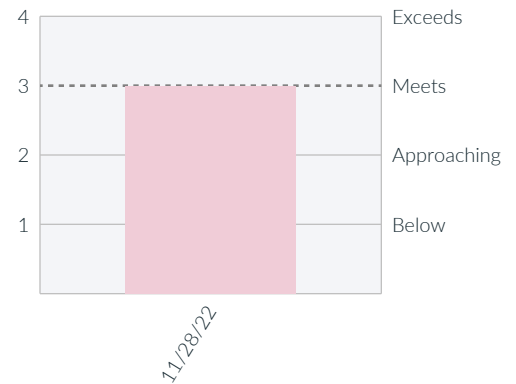


## facilitating client skill development for career, educational, and life-work planning and management

4.h

Counselor understands strategies for facilitating client skill development for career, educational, and life-work planning and management

**Related Standards:**2.F.4.h

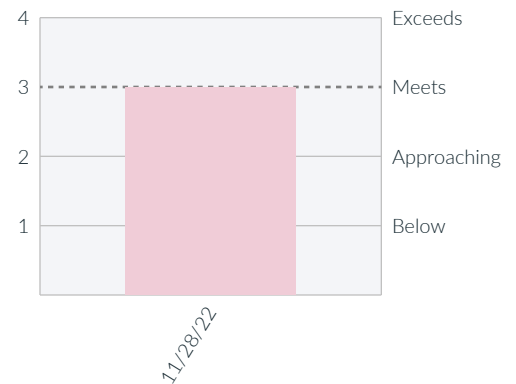


## identifying using assessment tools and techniques relevant to career planning and decision making

4.i

Counselor understands methods of identifying and using assessment tools and techniques relevant to career planning and decision making

**Related Standards:**2.F.4.i

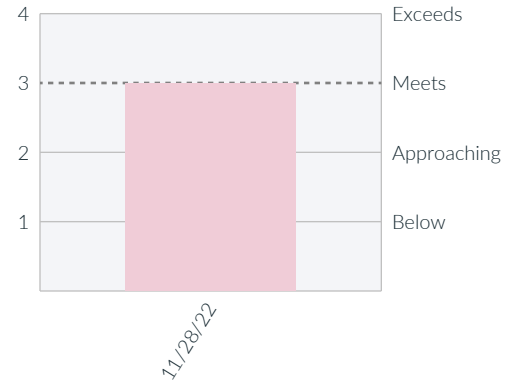


# Individual Student Rubric

## Counselor understands ethical and culturally relevant strategies for addressing career development

4.j

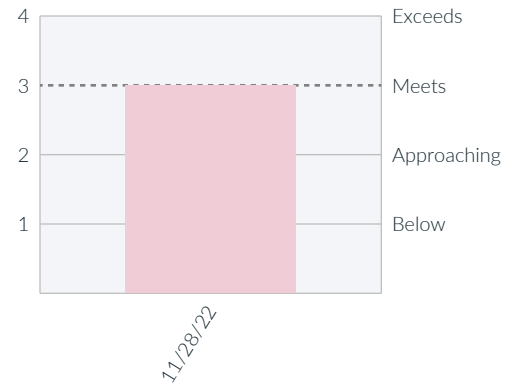
Related Standards:2.F.4.j



## Counselor understands theories and models of counseling

5.a

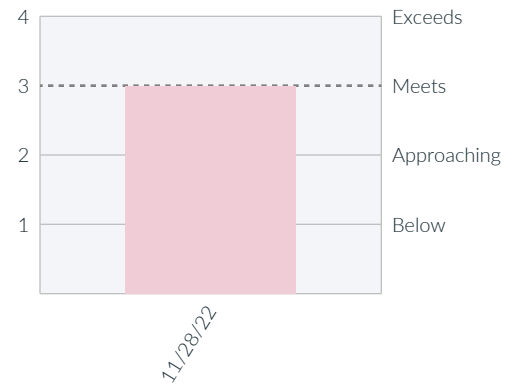
Related Standards:2.F.5.a



## Counselor understands a systems approach to conceptualizing clients

5.b

Related Standards:2.F.5.b

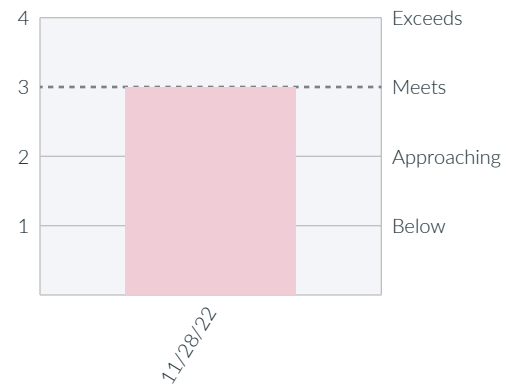


## theories, models, and strategies for understanding and practicing consultation

5.c

Counselor understands theories, models, and strategies for understanding and practicing consultation

Related Standards:2.F.5.c



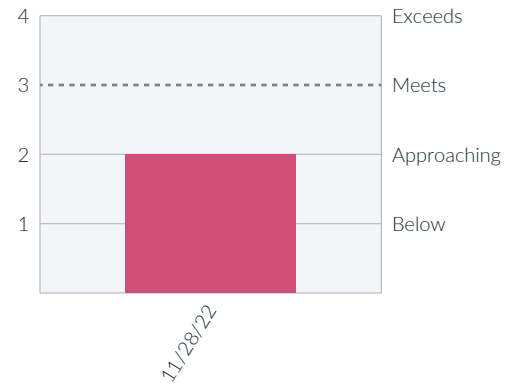
# Individual Student Rubric

## strategies for establishing and maintaining in-person and technology-assisted relationships

5.d

Counselor understands ethical and culturally relevant strategies for establishing and maintaining in-person and technology-assisted relationships

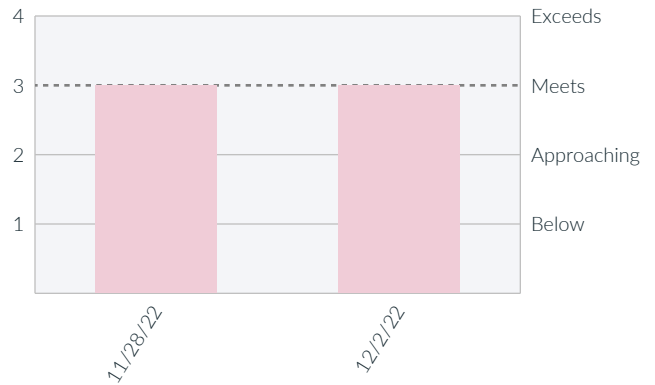
Related Standards:2.F.5.d



## Counselor understands the impact of technology in the counseling process

5.e

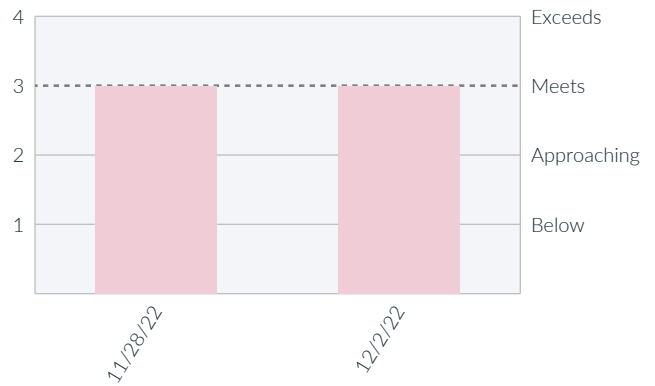
Related Standards:2.F.5.e



## Counselor understands counselor characteristics and behaviors that influence the counseling process

5.f

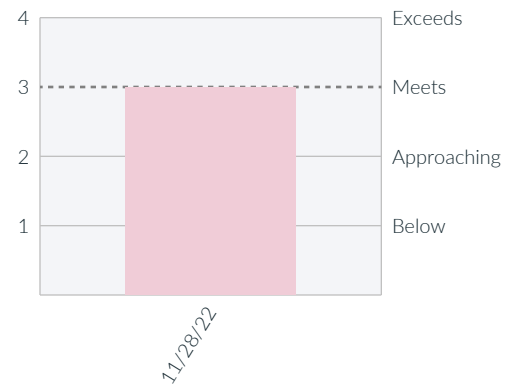
Related Standards:2.F.5.f



## Counselor understands essential interviewing, counseling, and case conceptualization skills

5.g

Related Standards:2.F.5.g

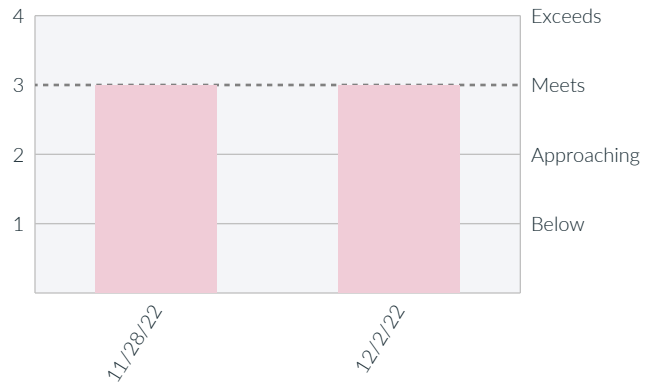


# Individual Student Rubric

## Counselor understands developmentally relevant counseling treatment or intervention plans

5.h

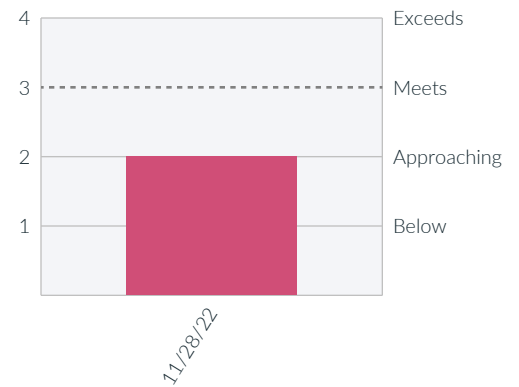
Related Standards:2.F.5.h



## Counselor understands development of measurable outcomes for clients

5.i

Related Standards:2.F.5.i

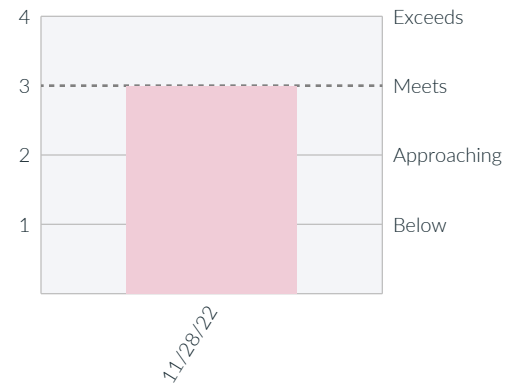


## evidence-based counseling strategies and techniques for prevention and intervention

5.j

Counselor understands evidence-based counseling strategies and techniques for prevention and intervention

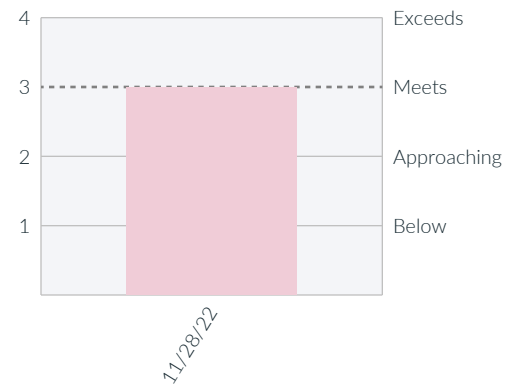
Related Standards:2.F.5.j



## strategies to promote client understanding of and access to a variety of community-based resources

5.k

Related Standards:2.F.5.k

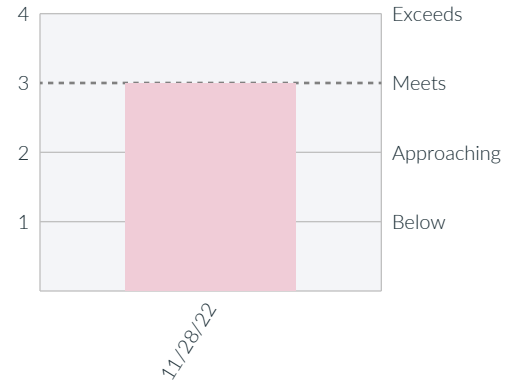


# Individual Student Rubric

## Counselor understands suicide prevention models and strategies

5.l

Related Standards:2.F.5.l

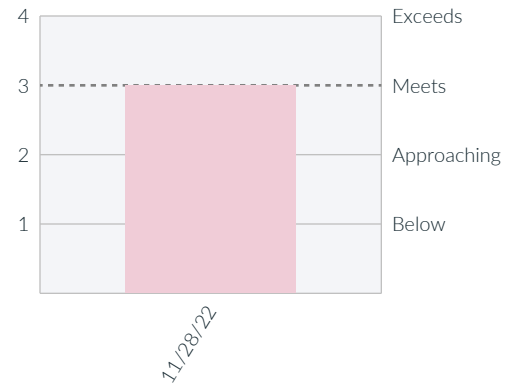


## crisis intervention, trauma-informed, community-based strategies

5.m

Counselor understands crisis intervention, trauma-informed, and community-based strategies, such as Psychological First Aid

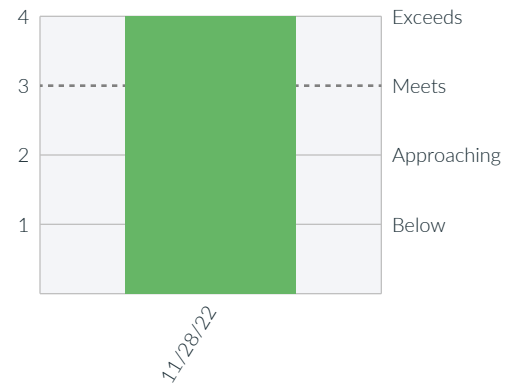
Related Standards:2.F.5.m



## Counselor understands processes for aiding students in developing a personal model of counseling

5.n

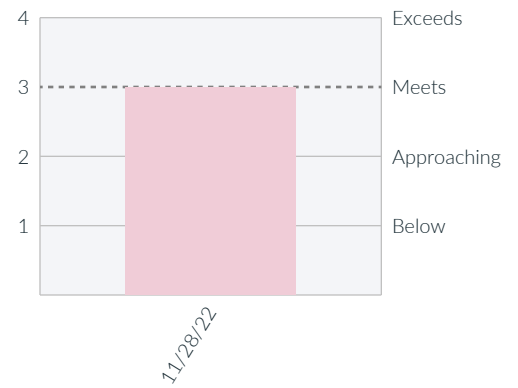
Related Standards:2.F.5.n



## Counselor understands theoretical foundations of group counseling and group work

6.a

Related Standards:2.F.6.a

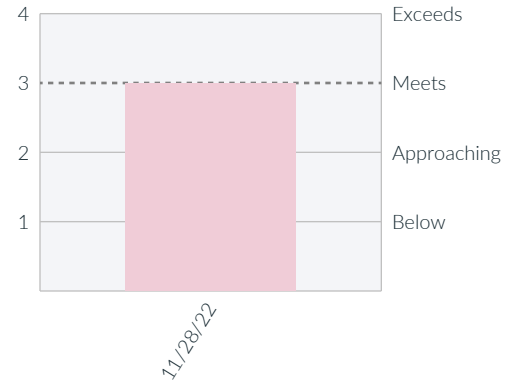


# Individual Student Rubric

## Counselor understands dynamics associated with group process and development

6.b

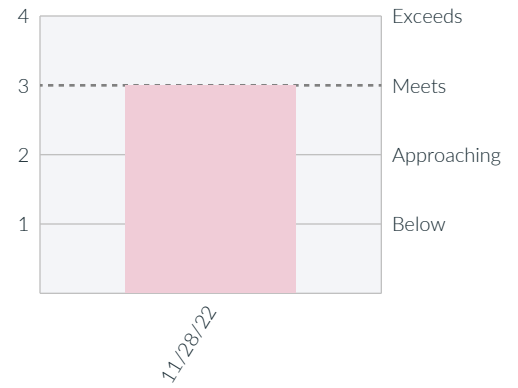
Related Standards:2.F.6.b



## Counselor Understands therapeutic factors and how they contribute to group effectiveness

6.c

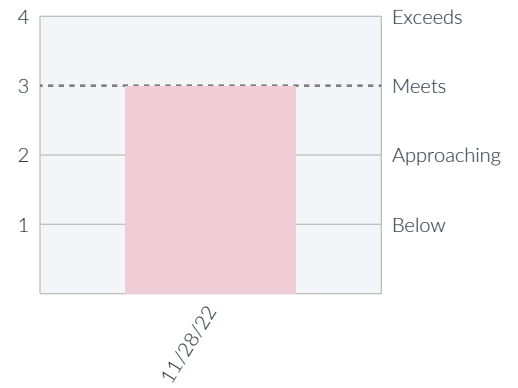
Related Standards:2.F.6.c



## Counselor understands characteristics and functions of effective group leaders

6.d

Related Standards:2.F.6.d

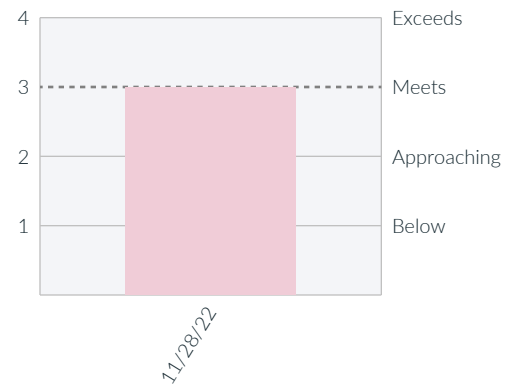


## approaches to group formation, including recruiting, screening, and selecting members

6.e

Counselor understands approaches to group formation, including recruiting, screening, and selecting members

Related Standards:2.F.6.e



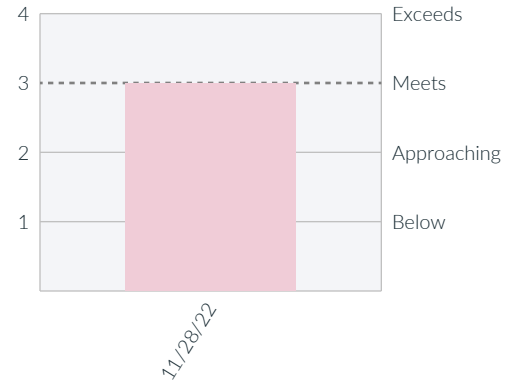
# Individual Student Rubric

## types of groups and other considerations that affect conducting groups in varied settings

6.f

Counselor understands types of groups and other considerations that affect conducting groups in varied settings

**Related Standards:**2.F.6.f

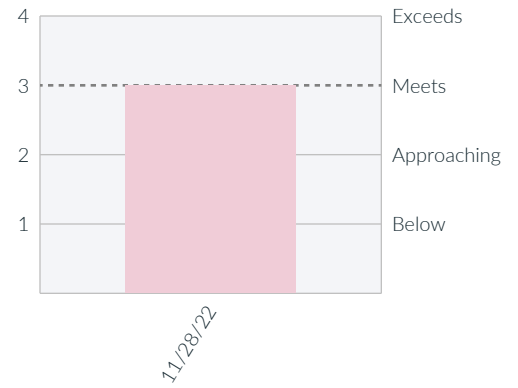


## ethical and culturally relevant strategies for designing and facilitating groups

6.g

Counselor understands ethical and culturally relevant strategies for designing and facilitating groups

**Related Standards:**2.F.6.g

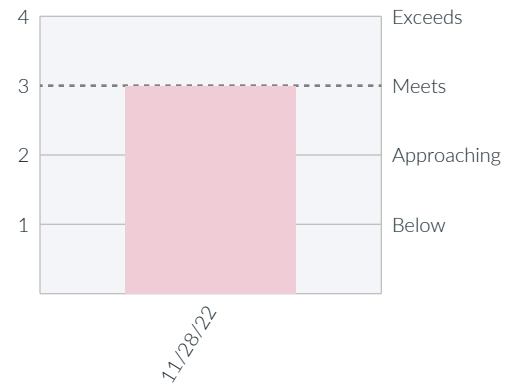


## Participates as a group member in a small group activity

6.h

Counselor participates as a group member in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term

**Related Standards:**2.F.6.h

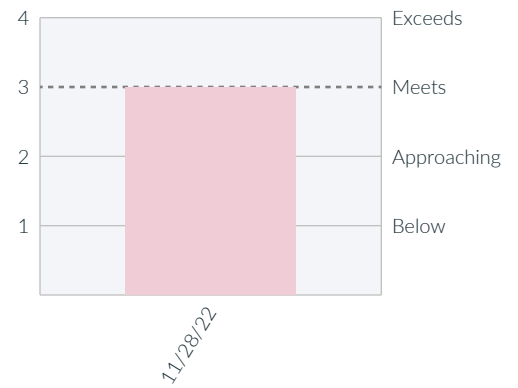


## historical perspectives concerning the nature and meaning of assessment and testing in counseling

7.a

Counselor understands historical perspectives concerning the nature and meaning of assessment and testing in counseling

**Related Standards:**2.F.7.a





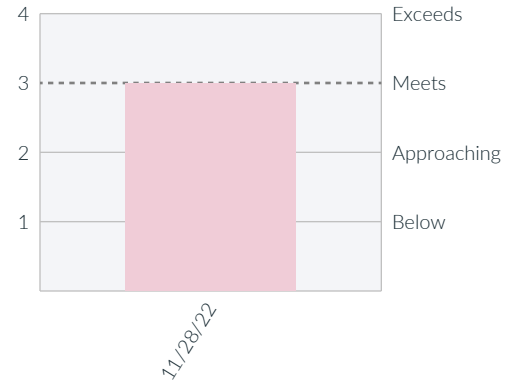
# Individual Student Rubric

## methods of effectively preparing for and conducting initial assessment meetings

7.b

Counselor understands methods of effectively preparing for and conducting initial assessment meetings

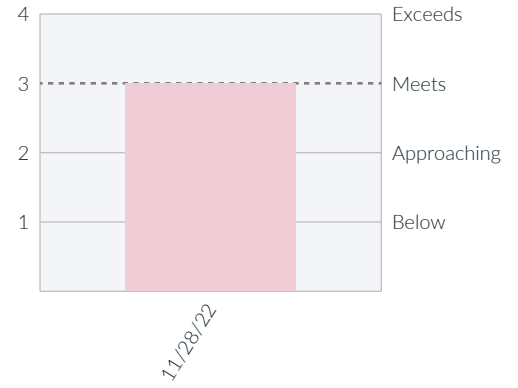
Related Standards:2.F.7.b



## procedures for assessing risk of aggression or danger to others, self-inflicted harm, or suicide

7.c

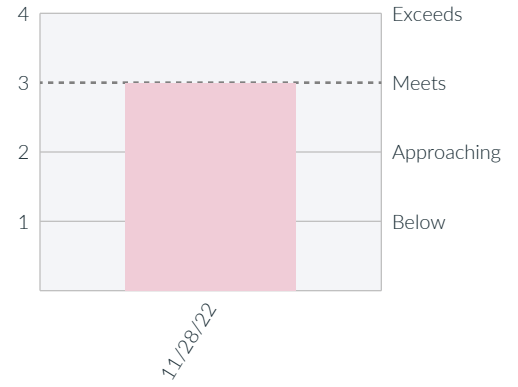
Related Standards:2.F.7.c



## Counselor understands procedures for identifying trauma and abuse and for reporting abuse

7.d

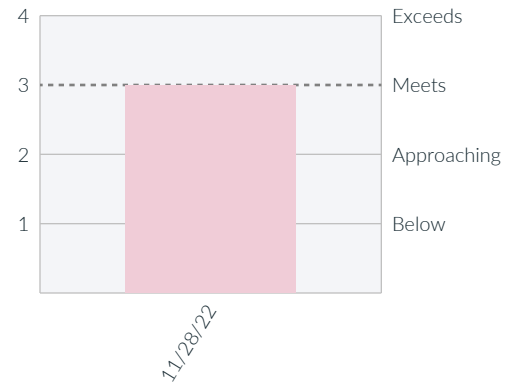
Related Standards:2.F.7.d



## Counselor understands use of assessments for diagnostic and intervention planning purposes

7.e

Related Standards:2.F.7.e



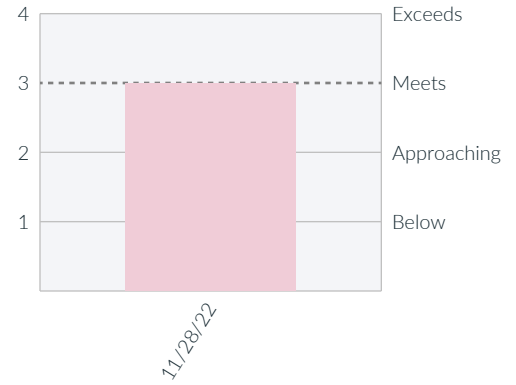
# Individual Student Rubric

## Basic concepts of testing and assessments

7.f

Counselor understands basic concepts of standardized and non-standardized testing, norm-referenced and criterion-referenced assessments, and group and individual assessments

Related Standards:2.F.7.f

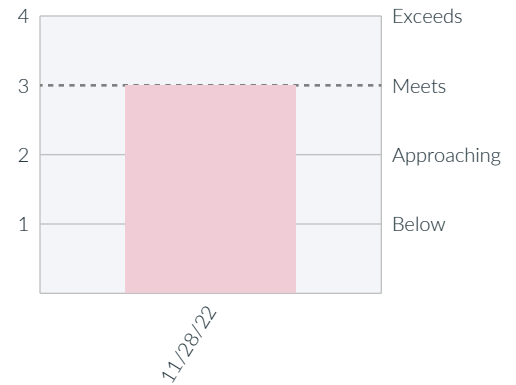


## Statistical concepts

7.g

Counselor understands statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations

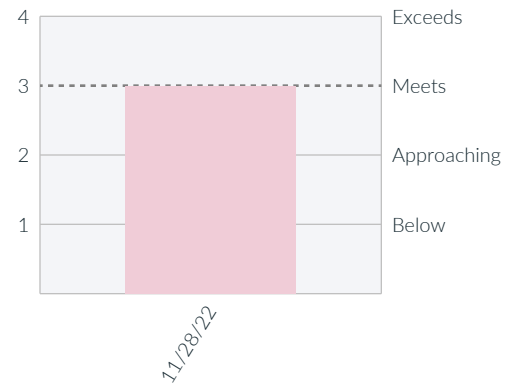
Related Standards:2.F.7.g



## Counselor understands reliability and validity in the use of assessments

7.h

Related Standards:2.F.7.h

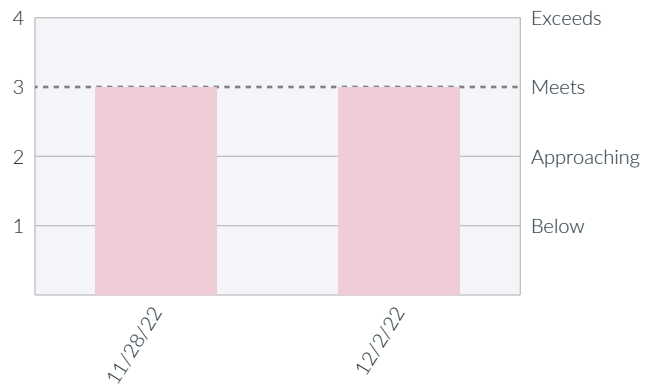


## Assessments relevant to academic/educational, career, personal, and social development

7.i

Counselor understands use of assessments relevant to academic/educational, career, personal, and social development

Related Standards:2.F.7.i

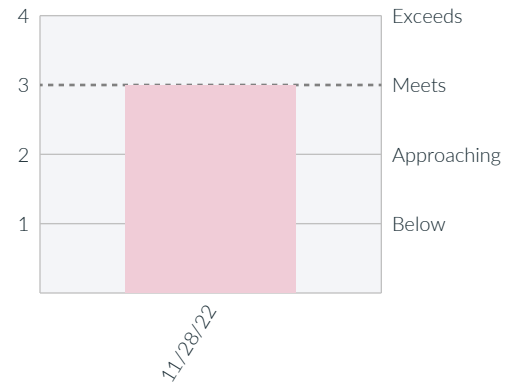


# Individual Student Rubric

## Counselor understands use of environmental assessments and systematic behavioral observations

7.j

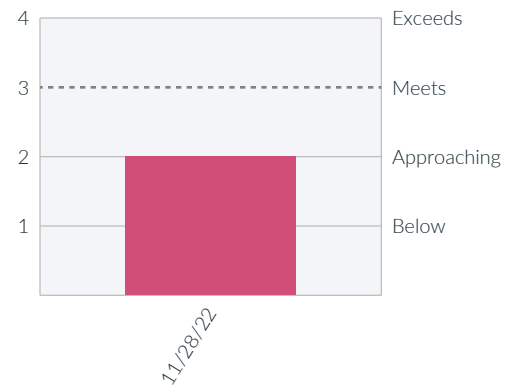
Related Standards:2.F.7.j



## Counselor understands use of symptom checklists, and personality and psychological testing

7.k

Related Standards:2.F.7.k

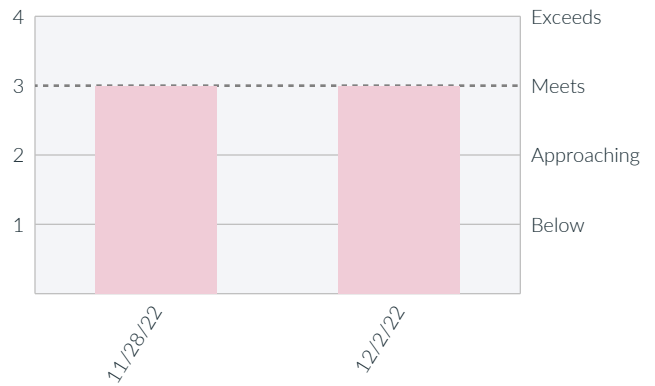


## use of assessment results to diagnose developmental, behavioral, and mental disorders

7.l

Counselor understands use of assessment results to diagnose developmental, behavioral, and mental disorders

Related Standards:2.F.7.l

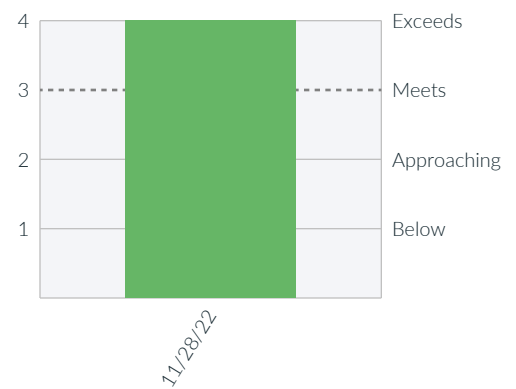


## strategies for selecting, administering, and interpreting assessment and test results

7.m

Counselor understands ethical and culturally relevant strategies for selecting, administering, and interpreting assessment and test results

Related Standards:2.F.7.m



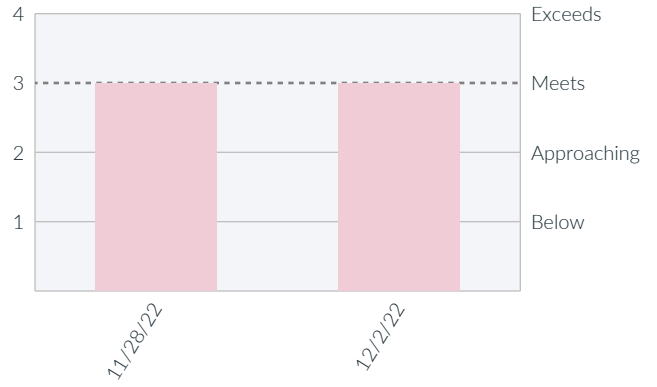
# Individual Student Rubric

## Importance of research in advancing the counseling profession

8.a

Counselor understands the importance of research in advancing the counseling profession, including how to critique research to inform counseling practice

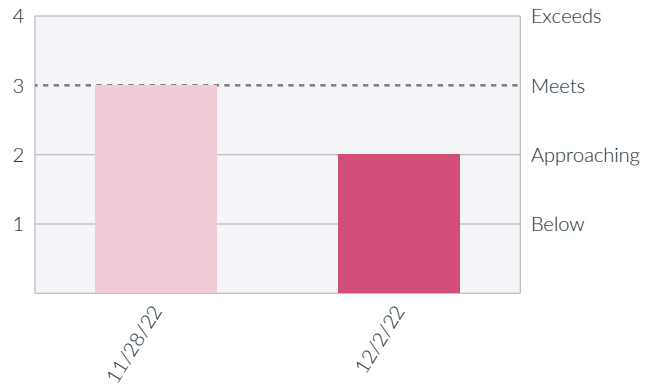
Related Standards:2.F.8.a



## Counselor understands identification of evidence-based counseling practices

8.b

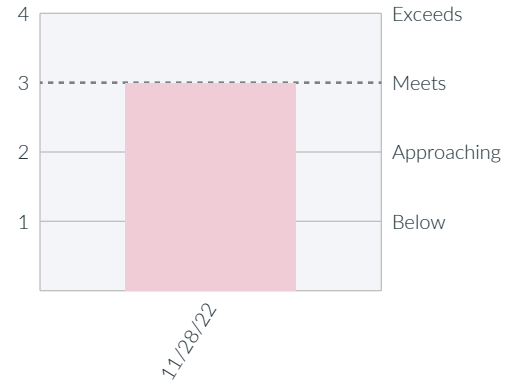
Related Standards:2.F.8.b



## Counselor understands needs assessments

8.c

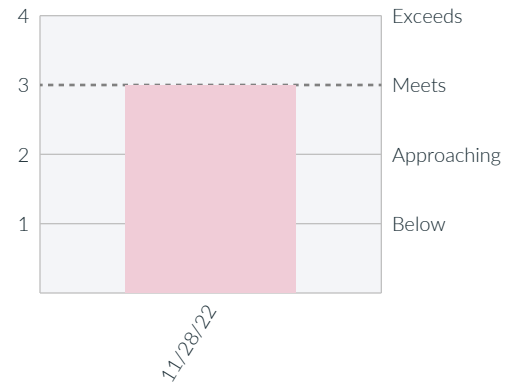
Related Standards:2.F.8.c



## Counselor understands development of outcome measures for counseling programs

8.d

Related Standards:2.F.8.d

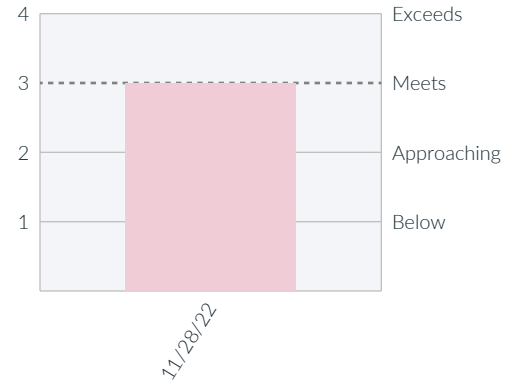


# Individual Student Rubric

## Counselor understands evaluation of counseling interventions and programs

8.e

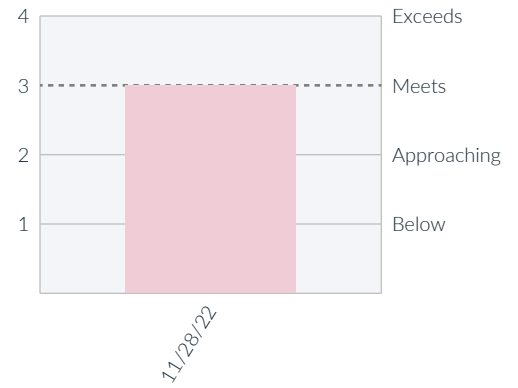
Related Standards:2.F.8.e



## Counselor understands qualitative, quantitative, and mixes research methods

8.f

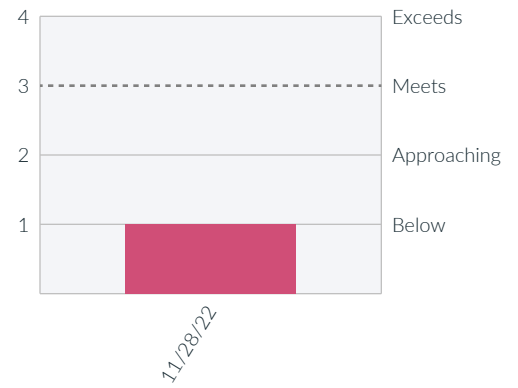
Related Standards:2.F.8.f



## Counselor understands designs used in research and program evaluation

8.g

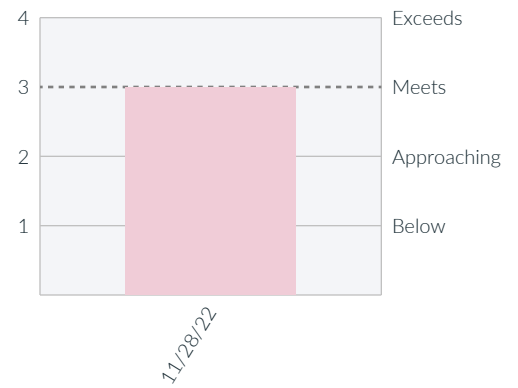
Related Standards:2.F.8.g



## Counselor understands statistical methods used in conducting research and program evaluation

8.h

Related Standards:2.F.8.h

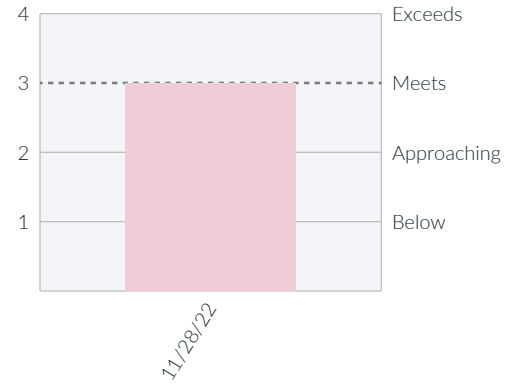


# Individual Student Rubric

## Counselor understands analysis and use of data in counseling

8.i

Related Standards:2.F.8.i



## Strategies for conducting, interpreting, and reporting the results of research

8.j

Counselor understands ethical and culturally relevant strategies for conducting, interpreting, and reporting the results of research and/or program evaluation

Related Standards:2.F.8.j

